

Messages from other minds

- how to play

1. Overleaf is a collection of messages from other explorers. Cut and fold them so that the words are hidden inside.
2. Choose one message each and read it to a friend.
3. Decide your new character from the words or story in the message and begin exploring.
4. Find ways to move, see, hear, understand and communicate differently. Notice what this feels like.
5. Take enough time to get into your character. Ask other people for ideas if you get stuck.
6. Record your explorations in photographs, drawings, stories and maps. How do different characters experience the same place? What is it like to be someone else for a while?

'If you learn to explore like a mouse you can learn to explore like anything. They find a little hole and sleep in it for a night, then another hole, then they keep going.' Martha (age 7)

a collection of messages from other explorers (1)

I explored the Millennium Green as a 83 year old grandma. I pretended to not see very well.

I wrote a song about who I was:

Old Granny

Tired and old

She is so tired

She is so col-l-l-d

Swept up from the sea

She-e-e-e-e-e is me-e-e-e-e-e. [Sofia, age 7](#)

I was a baby flying rainbow unicorn. I had a force-field. [Angel, age 7](#)

I was a hunter. I was a baby. I was a fox.

When I was a fox I discovered lots of tunnels and pathways.

When I was a baby I crawled around the whole place.

When I was a hunter I stalked lots of animals. [Alfie, age 9](#)

I was a scientist. What I found: toad, cricket x 2, caterpillar, ladybird. [Denzel, age 7](#)

I explored like a fox and a toddler. When I was a fox with four legs, it was amazing. When I was a toddler everything looked so high up. I saw a frog and a cricket. Everything was so different from my normal places. [Ruby, age 8](#)

I explored like a young policeman with two pistols. We explored under the trees. I saw half of a den and I think an animal destroyed it. [Archie, age 7](#)

I explored as a caveman archer. They didn't speak English. My weapons were bow and arrow and a caveman club. Caveman archers camouflage with leaves and grass, which I did too.

There are five thousand skills and one is taming a carnivore! [Mathisha, age 8](#)

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a collection of messages from other explorers (2)

I explored being my nan, and I was called Nanny Mags. I had a walking stick and I walked slow and I sat down lots. I had to hold my back all the time. I was 60068 years old. Everyone in my group had a lot of waiting, and I was sleepy. [Maggie, age 8](#)

I saw...sticky, prickly seeds stuck to my legs.

I felt...some soft soil from a molehill.

I heard...wood cracking and snapping under feet. [Emily W, age 8](#)

I explored like a baby.

I could only see the sky for a long time. [Emily F, age 7](#)

I explored like a baby.

I ran quite slowly.

I talked quite weirdly.

I saw quite low down.

I saw lots of grass. [Torsten, age 7](#)

I explored like a toddler then a grandad. Most toddlers would try to eat the rabbit poo but at least the grandad would tell it 'no!' [Ronnie, age 8](#)

I was a scientist, also Steve Backshall. Harry spotted a toad - I rushed to the toad. We were making a movie. [Flynn, age 8](#)

This map is from a snake's eye view. The snake is up the tree looking out. [Ava, age 9](#)

If you learn to explore like a mouse you can learn to explore like anything. They find a little hole and sleep in it for a night, then another hole, then they keep going. [Martha, age 7](#)